



Common causes of malnutrition in older persons

Medications¹

Emotion (, depression)

Anorexia (nervosa or tardive), Alcoholism, Abuse (elder)

Late-life paranoia or alcoholism

Swallowing disorders

Oral factors (see DENTAL on next page)

No money, Nosocomial infections

Wandering and other dementia-related behaviors

Hyperthyroidism, Hyperparathyroidism, Hypoadrenalism, Hyperglycemia

Entry problems/Malabsorption

Eating problems²

Low-salt or low-cholesterol diet

Shopping and food prep problems, Stores

¹ Digoxin, theophylline, psychotropic drugs.

² Severe tremor, stroke, weakness.

