

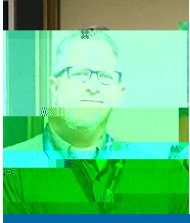
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Why aren't our patients eating healthy? And what can we do about it?

JESSEAO
SLU Medical Student



NEW RESEARCH Primary Care Research Symposium



Dr. Je Sherrer
Research Director

ARCHNet recently began a new study to characterize the beliefs patients have about opioid analgesic use (OAU), their experiences with cessation, their perceived barriers to cessation and their needs to successfully stop OAU by conducting open-ended interviews and using qualitative methods to analyze them.

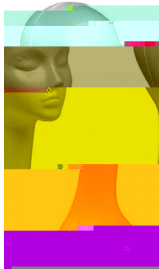
While the overall rate of very long term
2\$8 LV ORZ RI DOO SDWLHQWV ZKR UHFHLYHG
DQ RSLRLG DPRQJ SDWLHQWV ZKRVH ÉUVW
opioid prescription is for 8 or more days,

UHPDLQ XVHUV DW \H DU DQG DPRQJ
WKR VH ZKR LQLWLDWH 2\$8 IRU ! GD\ V
QH DUO\ DUH VWLOO XVLQJ \H DU ODWHU

Because physiological dependence is a
QRUPDO FRQVHTXH QFH RI FKURQLF GDLO\ 2\$8

it is not surprising that long term users
are also high dose users and iatrogenic
physiological dependence plays a large part
LQ H[SODLQLQJ WKH PLOOLRQ RSLRLG XVHUV LQ
WKH 8 6 WKRXJKW WR EH RSLRLG GHSHQGHQW

To understand the beliefs and perceived
barriers to cessation held by very long term
opioid users with non-cancer pain, we are
recruiting patients to structured interviews.



Ready to earn free CME through SLU?

It's easy! Just attend our free events throughout the year.

If you've received CME from Saint
/RXLV 8QLYHUVLW\ EHIRUH DOO \RX QHHG

A Growing Community

We are excited to welcome new members, some of whom are already involved with SLU through the Family and Community Medicine preceptor program!

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Labounty, Dr Alex Macdonald, Dr. Chandra Shekar, Dr. Peggy Taylor, and Dr. Valerie Walker

Thank you to all of our existing members for your participation in advancing Family Medicine research and practice:

Dr. Michael Barron, Dr. Denise Buck, Dr. Stephen Cagle, Dr. Sarah Cole, Dr. Dawn Davis, Dr. Sarah Gebauer, Dr. Melissa Hollie, Dr. Denise Hooks-Anderson, Dr. Christine Jacobs, Dr. Elizabeth Keegan-Garrett, Dr. Bill Manard, Dr. Daniel Meshoto, Dr. Lowell Sesintaffar, Dr. Michael Spezia, Dr. Jane Tucker, Dr. Christian Verry, Dr. Mattie White.

